



New Vision
Family Health Team

Crisis and Addiction Services

Service	Phone Number	Website
Here 24/7	1-844-437-3247	http://here247.ca
Crisis Line/Mobile Crisis	519-744-1813	
Front Door (up to 18 years old)		www.frontdoormentalhealth.ca
Sexual Assault Support Centre or Waterloo Region	519-571-0121 or 519-741-8633 (24/7 Crisis Line)	www.wcswr.org