



New Vision
Family Health Team

Community Counselling Services and Support Groups

| Service | Phone Number | Website |
|---|---------------------|--|
| Carizon (walk-in) | 519-743-6333 | www.carizon.ca |
| K-W Counselling (walk-in) | 519-884-0000 | www.kwcounselling.ca |
| Family Counselling Cambridge and North Dumfries (walk-in) | 519-621-5090 x 220 | www.fccnd.com |
| Parents for Children's Mental Health | | www.pcmh.ca |
| The Association of Parent Support Groups in Ontario | | www.apsgo.ca |
| Post-partum Support (Life with Baby) | | www.lifewithbaby.com |
| Bereaved Families of Ontario | | www.bfomidwest.org |
| The Coping Centre (1740 Blair Rd, Cambridge) | 519-650-0852 | www.copingcentre.com |