

## **Child, Adolescent, and Family Therapy KW-Cambridge Area**

Counselling Collaborative (*Offers counselling at a reduced fee when finances are a barrier or there is no access to benefits*)

- Camino Wellbeing & Mental Health (previously Carizon & KW Counselling) <https://www.caminowellbeing.ca/>
- Porchlight Counselling and Addiction Services <https://fccnd.com/>
- Shalom Counselling Services <https://shalomcounselling.org/>
- Interfaith Counselling [www.interfaithcounselling.ca](http://www.interfaithcounselling.ca)
- Woolwich Counselling Center [www.woolwichcounselling.org](http://www.woolwichcounselling.org)

Counselling Agencies KW (*Offers counselling at a set fee per session*)

- Transformation Counselling <https://www.transformationcounselling.com/>
- Bloom Therapy <https://bloomkwtherapy.ca/>
- Exhale Therapy <https://www.exhaletherapy.ca/>
- Calming Tree Counselling <https://calmingtreecounselling.ca/>
- Delton Glebe <https://glebecounselling.ca/>
- Green Valley Counselling <https://greenvalleycounselling.com/>
- Anchoridge Counselling <https://www.anchoridgecounselling.com/>

Counselling Agencies Cambridge (*Sliding Scale and Fee for Service*)

- Porchlight Counselling and Addiction Services (previously Family Counselling Center of Cambridge and North Dumfries) <https://fccnd.com/>
- Sherry Maxwell and Associates <https://www.counsellingincambridge.ca/>
- The Purple Butterfly (previously Healing Wings) <https://purplebutterfly.ca/>
- Green Valley Counselling <https://greenvalleycounselling.com/>

Private Practitioners – Children, Youth & Family Therapy (*Offers counselling at a set fee per session*)

- Shanna Braden <https://shannabradenmsw.ca/about-me/>
- Gabriela Elias <https://gabrielaelias-counselling.ca/>
- Carlos Neves <https://carlosnevescounselling.com/>
- Victoria Smith <https://www.psychologytoday.com/ca/therapists/victoria-smith-kitchener-on/1156459>

Updated Oct 2023

Play-based Therapy (*Allows children and youth to process feelings and experiences through the use of 'play' and other activities*)

- Billy-Jo Bennett <https://purplebutterfly.ca/>
- Bloom Therapy <https://bloomkwtherapy.ca/>
- Mary Jo Land [www.maryjoland.ca](http://www.maryjoland.ca)
- Irena Razanas <https://www.yellowdoorcounselling.com/>
- Aimee Vankoughnett <https://aimee-msw.com/>

Art-based Therapy (*Allows children and youth to process feelings and experiences through the use of various art mediums*)

- Heidi Argyle <https://www.alignedhealth.ca/>
- Heidi Neu <https://greenvalleycounselling.com/>
- Leanne Sawchuk <https://leannesawchuk.com/>

Psychologists (*Offers psychological and psychoeducational assessments to get understanding of child's strengths and needs as well as therapy services; Can provide diagnoses, if applicable*)

- Dr. Laura Bickle [www.laurabicklepsychologicalservices.com](http://www.laurabicklepsychologicalservices.com)
- Dr. Linda Bream [www.insightpsychology.ca](http://www.insightpsychology.ca)
- KW Psychologists Group [www.kwpsychologists.ca](http://www.kwpsychologists.ca)
- Dr. Lyle Caudle [www.psychservices4kids.com](http://www.psychservices4kids.com)
- Dr. Deb Fitzpatrick & Associates [www.drdebfitzpatrick.com](http://www.drdebfitzpatrick.com)
- Dr. David Gingerich [www.drgingerich.com](http://www.drgingerich.com)
- Dr. Coralee & Christopher Lane [www.drchrislane.com](http://www.drchrislane.com)
- Dr. Kris Pryke [www.drkrispryke.com](http://www.drkrispryke.com)
- Dr. Kathy Smolewska <https://drkathysmolewska.ca/>
- Dr. Katherine Spere [www.kitchenerpsych.com](http://www.kitchenerpsych.com)
- Willow Group <https://willow-group.ca/>
- Wilma Veenhof [www.cambpsych.ca](http://www.cambpsych.ca)